The American Academy of Pediatrics (AAP) wants children, youth and families across the

country to know that EVERY child and youth deserves a MEDICAL HOME.

Children and youth deserve a “MEDICAL HOME” – a place where the doctors and
nurses know you and care about your health!

Think about who is part of your MEDICAL HOME – the doctors and nurses you see
when you go for a check-up or when you are sick:

- What do you like best about them?
- What do you like about their office?
- Is there anyone else who is part of your MEDICAL HOME?

Eating the right food (the four food groups!), getting plenty of exercise and sleep
and having regular check-ups with your doctor are just some of the things you can
do to stay healthy.

You are part of the MEDICAL HOME, too! Talking with your parents and your
doctor about your health so that you can learn more about it and working to stay
healthy is how you can make your MEDICAL HOME the best one for you.

Learn more about MEDICAL HOME — what it is and how you can be a partner—by visiting